

Working Together to End Rape by Demonstrating Respect as the Norm:

We must make it safe for victims of sexual violence to come forward. We must believe, support, have empathy and provide more resources for victims of sexual violence. Getting help reduces the chances of future victimization of self and others.

Sexual abuse is never the victim's fault. No matter what the victim/survivor did or did not do, they were not the person who chose to commit the act. *Most rapes are not reported. Many times because of how others respond when they do. Please be part of the solution, a person that has been hurt needs love, understanding & support. Address victim blaming. It hurts and contributes to perpetuating violence. Thank you!*

Sexual abuse is a human issue. Males and females are both victims of sexual violence. Therefore, when discussing this issue, it is very important to address male and female victimization. ("Most victims of fatal violence are males between the ages of 15 and 24". Forty Steps to a Less Violent America...Pathways to Peace by: Victor La Cerva, MD)

Only the perpetrator can prevent the act of abuse. We must obtain resources for perpetrators so they and others may understand WHY the person committed the act, get them help and STOP THE CYCLE.

A bully is always a victim in disguise. "Beneath most vented anger is a layer of fear and grief." Usually for a very good reason. Help not blame, judgment & harsh punitive measures is needed to prevent future victimization.

Males are harmed by rape. Even if it has not happened to them, it has happened to someone they care about, mother, sister, cousin, brother, friend or romantic partner. No one wants someone they care about getting hurt. The small percentage of males that do rape contributes to negative male stereotypes thereby creating and maintaining myths. (Underlying condition of sexual violence)

If you see or hear something that is not ok, if it is safe, say or do something. Get help if you need it. Please be a responsible bystander.

Listen to the voice inside your head. IF IT FEELS LIKE SOMETHING ISN'T RIGHT, IT PROBABLY ISN'T. "FEAR IS THE MIND-TALK THAT PREVENTS US FROM HEARING OUR INTUITION."

Please Get Help if you are having a problem hurting yourself or others. Stop the Cycle. We are sorry if someone has hurt you. That is not ok. There are people out there that really do understand and want to help. *We all need help sometimes. Keep looking until you find someone you are comfortable talking with.*

Demonstrate Respect as the Norm. Respect the differences in yourself and others. We are all different. Different is good. Agree to disagree. Actively address stereotypes.

VOLUNTEER & TREAT YOURSELF AS YOU WOULD TREAT OTHERS!

Did You Know:

Males & Females are uncomfortable when others talk negatively about females or males.

Males & Females that are promiscuous are three times more likely to have been abused.

According to the FBI, 98% of victims are not lying about their assault.

Victimization is one of the most important risk factors for subsequent violence.

Addressing the underlying conditions that contribute to the rape culture may reduce rape.

90% of behavior is learned from modeling. Model Goodness & Others will too.

Peers Learn Best From Peers & **they are more likely to go to each other when they are having a problem.**

Brought to you by Peer Solutions Inc., Respectpsi@aol.com for more stat. Resources. Main Support Source: Forty Steps to a Less Violent America By: Victor La Cerva, MD 29