

Sexual harassment is unwanted sexual attention. That means that nobody wants it, regardless of the way they dress or act. It can happen physically, verbally or visually.

Sexual harassment is also against the law. You can be suspended or expelled from school, lose your job, pay fines or even go to jail.

A hostile environment is created when one of your fellow students or co-workers takes away your ability to learn or do your job in a safe environment.

Quid pro quo sexual harassment happens when the harasser has power or authority over the victim. "Quid pro quo" means "this for that," such as, "if you do this for me, I'll do that for you."

Sexual harassment is another form of bullying.

If you have been sexually harassed, you are not alone. You need to tell the harasser to stop. If they don't, you need to ask for some help. Ask a teacher, a boss, an adult that you trust, anyone who can help you feel safe in your work or school environment. Keep asking for help until someone helps you.

There is no shame in asking for help.

**Casa cares...call us and we can help.**

**602-254-9000.**